#### GALLUP



# CliftonStrengths<sup>®</sup> Top 5 for Elise Moreno



This report presents your five most dominant CliftonStrengths revealed by your responses to the CliftonStrengths assessment. Use this report to learn more about these strengths, how they uniquely show up in your life and how you can use them to fulfill your potential.

### 1. Empathy®

You can sense other people's feelings by imagining yourself in others' lives or situations.

### 2. Relator<sup>®</sup>

You enjoy close relationships with others. You find deep satisfaction in working hard with friends to achieve a goal.

### 3. Developer<sup>®</sup>

You recognize and cultivate the potential in others. You spot the signs of each small improvement and derive satisfaction from evidence of progress.

### 4. Positivity®

You have contagious enthusiasm. You are upbeat and can get others excited about what they are going to do.

## 5. Futuristic<sup>®</sup>

You are inspired by the future and what could be. You energize others with your visions of the future.

**EXECUTING** themes help you make things happen.

**INFLUENCING** themes help you take charge, speak up and make sure others are heard.

- **RELATIONSHIP BUILDING** themes help you build strong relationships that hold a team together.
- **STRATEGIC THINKING** themes help you absorb and analyze information that informs better decisions.

- 1. Empathy
- 2. Relator
- 3. Developer
- 4. Positivity
- 5. Futuristic

## You Are Uniquely Powerful

Your unique sequence of CliftonStrengths and the personalized Strengths Insights in this report are the result of your answers to the CliftonStrengths assessment.

We designed this report to help you learn more about your most dominant CliftonStrengths: what they are, how they interact and how to use them to succeed.

#### What do the colors mean?

Each of the 34 CliftonStrengths fits into one of four domains. These domains describe how CliftonStrengths helps you execute, influence others, build relationships, and absorb and think about information.

#### EXECUTING

- Achiever
- Arranger
- Belief
- Consistency
- | Deliberative
- I Discipline
- Focus
- Responsibility
- Restorative

#### RELATIONSHIP BUILDING

- Adaptability
- Connectedness
- Developer
- Empathy
- Harmony
- Includer
- Individualization
- Positivity
- Relator

#### INFLUENCING

- Activator
- Command
- Communication
- Competition
- Maximizer
- Self-Assurance
- Significance
- Woo

#### STRATEGIC THINKING

- Analytical
- Context
- | Futuristic
- | Ideation
- Input
- Intellection
- Learner
- Strategic



## 1. Empathy®

#### What Is Empathy?

People with strong Empathy talents can sense the emotions of those around them. They can feel what others are feeling as though the emotions were their own. They intuitively see the world through others' eyes and share their perspectives. They perceive people's pain or joy, sometimes before it is even expressed. Their instinctive ability to understand is powerful. They can hear unvoiced questions and anticipate needs. Where others grapple for words, they seem to find the right things to say and strike the right tone. As a result, they help people express their feelings — to themselves as well as to others. They help people give voice to their emotional lives.

## Why Your Empathy Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Empathy	Relator	Developer	Positivity	Futuristic

Driven by your talents, you sometimes engage outsiders or newcomers in small talk. Perhaps you sense when someone feels left out of a conversation. Maybe you hope to make a few new friends by involving people in certain activities. Once in a while, you comment favorably about the talents or accomplishments of specific individuals. To some degree, you want them to know they are worthy of the time and effort you invest in them.

Because of your strengths, you sense how others are feeling. Your sensitivity and ability to understand someone makes you less likely to judge them and therefore more likely for them to accept you.

Chances are good that you occasionally interpret the moods of people. Perhaps you sense what they are thinking or feeling at the moment they experience an event, overhear a comment, reach a goal, or make a mistake.

By nature, you regularly give yourself credit for being keenly aware of people's moods, motives, thoughts, or behaviors.

Instinctively, you may have a knack for talking to people. Perhaps you have ways to engage them in discussions. Perhaps you encourage them to share their stories, ideas, or feelings. Sometimes you want to contribute to the dialogue, too. This partially explains why you look for opportunities to express yourself as often as possible. Once in a while, you might acknowledge or affirm the interesting comments of specific individuals.

- 2. Relator
- 3. Developer
- 4. Positivity
- 5. Futuristic

# How Empathy Blends With Your Other Top Five Strengths

#### **EMPATHY + RELATOR**

When you are with your closest friends, you can freely express your authentic emotions and clearly sense their authentic emotions.

#### **EMPATHY + DEVELOPER**

Human emotion and potential are invisible realities. You can help others express their feelings and achieve their potential.

#### **EMPATHY + POSITIVITY**

You have a keen sense of how others feel, and when someone's emotions need to be lightened or lifted, you can do it.

#### **EMPATHY + FUTURISTIC**

You envision a future that looks better. You also imagine and anticipate how the future could feel better.

## Apply Your Empathy to Succeed

#### Help people be more sensitive to others' feelings.

- Help your people be more aware when someone is having a difficult time. Remember, most people do not have your ability to pick up on sensitive situations.
- Give a voice to people's emotions. When you notice that someone has a feeling they are not expressing, create space for them to share so that they can be fully heard in the moment.



## 2. Relator®

#### What Is Relator?

Relator talents describe a person's attitude toward their relationships. People with strong Relator talents are drawn to others they already know. They do not necessarily shy away from meeting new people — in fact, they may have other themes that cause them to enjoy the thrill of turning strangers into friends — but they do derive a great deal of pleasure and strength from being around their close friends. A person with strong Relator talents forms close relationships with people.

## Why Your Relator Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Empathy	Polator	Doveloper	Positivity	Futuristic
Empathy	Relator	Developer	FOSILIVILY	Futuristic

Driven by your talents, you probably have to interact with people you don't know very well due to social and work obligations. These interactions often exhaust you, so to recharge, you need to spend time with your close friends.

Chances are good that you thrive in settings where you can accomplish things. Of course, you have your own step-by-step way of performing repetitious tasks. As long as you can stick to your preferred plan of action, you usually enjoy handling the details and deadlines related to jobs, chores, projects, hobbies, assignments, or errands.

Because of your strengths, you often declare you are as productive as you can be, especially when people allow you to work independently. Having to deal with teammates, classmates, or group members stymies — that is, hinders — your progress.

Instinctively, you prefer to spend time with friends who have been there with you through the ups and downs and who know you inside and out. There are a precious few who make that list.

By nature, you have a small group of friends who remain constant even when you haven't seen or talked to them for a while. Whether a week, a month or a year goes by, your relationships are rekindled the moment you reconnect with those special friends.

2. Relator

- 3. Developer
- 4. Positivity
- 5. Futuristic

How Relator Blends With Your Other Top Five Strengths

#### **RELATOR + EMPATHY**

When you are with your closest friends, you can freely express your authentic emotions and clearly sense their authentic emotions.

#### **RELATOR + DEVELOPER**

You want to contribute most to the development of those you know best, and your best mentors are often those who know you well.

#### **RELATOR + POSITIVITY**

You bring emotional energy, a positive attitude, and hope to others. Your best friends are those who do the same for you.

#### **RELATOR + FUTURISTIC**

You often see visions in your mind of how members of your family or your closest friends can have better days in the future.

## Apply Your Relator to Succeed

#### Make time for one-on-one interactions with your friends.

- □ Make sure you get enough one-on-one time with the important people in your life. Periodic opportunities to interact with them will energize you.
- Take time to tell others how your relationship with them creates happiness in your life. Ask them how it enhances their happiness. Doing this with each person will show you care about them.



## 3. Developer®

#### What Is Developer?

Developers see the potential in others. They naturally recognize others' capacity to change for the better, and they are drawn to people for this reason. Being part of another person's development is one of the best experiences possible for them. They look for ways to challenge others. They devise interesting experiences to help team members further develop and succeed. All the while, they look for signs of growth — a new behavior learned or modified, a slight improvement in a skill, or a glimpse of excellence or improved flow where previously there were only halting steps. These signs of growth in others fuel Developers, bringing them motivation and satisfaction.

## Why Your Developer Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Emmethy	Deleter	Developer	Desitivity	Entratio
Empathy	Relator	Developer	Positivity	Futuristic

It's very likely that you may see some people in vivid detail. Few human beings lack depth in your opinion. Possibly you contend certain individuals are full of promise or potential. Periodically you set out to discover in individuals what money cannot buy. You value their special qualities, strengths, interests, or dreams. You might avoid being distracted by their limitations, fears, worries, or mistakes.

Chances are good that you typically do whatever it takes to know someone on a personal level. The insights you gain help you bestow appropriate recognition on the individual. You instinctively understand the level of attention and the amount of time the person needs from you to feel truly appreciated.

Instinctively, you appreciate that everyone learns in their own way. You likely give others the time they need to sort through challenges and difficulties.

Because of your strengths, you periodically mix and match people's unique styles of working, thinking, problem solving, or relationship building. You might help certain people see how their special talents, knowledge, or skills benefit others on the job or in the classroom. When individuals and groups cooperate, you typically commend them for reaching a goal, making progress, or succeeding.

By nature, you exhibit some awareness of the changing moods of people. Perhaps you can understand the feelings they have about themselves, each other, or their experiences. Maybe these insights permit you to respond to each one in a fitting way.

2. Relator

- 3. Developer
- 4. Positivity
- 5. Futuristic

How Developer Blends With Your Other Top Five Strengths

#### **DEVELOPER + EMPATHY**

Human emotion and potential are invisible realities. You can help others express their feelings and achieve their potential.

#### **DEVELOPER + RELATOR**

You want to contribute most to the development of those you know best, and your best mentors are often those who know you well.

#### **DEVELOPER + POSITIVITY**

Your patient optimism encourages growth. Investing in raw potential others overlook, you celebrate each small, gradual step toward progress.

#### **DEVELOPER + FUTURISTIC**

When you have a vision of others at their best, you share that vision with them, hoping it will inspire them to grow.

## Apply Your Developer to Succeed

Support others' progress by sharing with them what you notice.

- □ Make sure to praise people when you see them moving toward a goal. Your ability to spot incremental improvements can motivate them to keep going.
- □ Share the vision of potential you see in others. Often, what a person could become is overshadowed by what they see in the moment, but you can help change this.



## 4. Positivity®

#### What Is Positivity?

People with strong Positivity talents are generous with praise, quick to smile and always on the lookout for the upside of the situation. They always seem to find a way to lighten the spirits of those around them. They are optimistic, hopeful and fun-loving. They celebrate every achievement. They find ways to make everything more exciting and dynamic.

## Why Your Positivity Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

	Empathy	Relator	Developer	Positivity	Futuristic	
individuals fe mutual resp	eel comfortable. E ect and support.	0	is important to y in people is quite	ou. You work hard satisfying to you.	ment where most to create a climate of Knowing others recogni	ze
with people. disposition o	You diplomatical cause you to see		of disagreement. Ically everyone. Ye	Your even-temper ou probably feel sa	what you have in commo red nature and friendly ad for those who	n
		nergize individuals oy their major and	· ·		upbeat attitude. Perhaps	3
	-	ou are so easygoir titude actually free	-	-	pleasure. Your nonchala you win or lose.	nt
you lavish co You are more	ompliments on yo	our associates. Yo	u support them a	nd their projects v	ccomplishments. Instea vith your words and dee ividuals who refuse to ta	ds.

2. Relator

3. Developer

4. Positivity

5. Futuristic

How Positivity Blends With Your Other Top Five Strengths

### **POSITIVITY + EMPATHY**

You have a keen sense of how others feel, and when someone's emotions need to be lightened or lifted, you can do it.

### **POSITIVITY + RELATOR**

You bring emotional energy, a positive attitude, and hope to others. Your best friends are those who do the same for you.

### **POSITIVITY + DEVELOPER**

Your patient optimism encourages growth. Investing in raw potential others overlook, you celebrate each small, gradual step toward progress.

#### **POSITIVITY + FUTURISTIC**

Your vision has a better chance of becoming reality if you use your emotional energy and enthusiasm while forming it.

## Apply Your Positivity to Succeed

#### Encourage others by reminding them of the positives you see.

- Commit to praising the people you interact with most. Try to tailor this recognition to each person's needs. When you remind others of the positives you see, they feel better about life, and so do you.
- Make sure your praise and positivity are genuine. Some people are used to hearing the negatives, so make sure your praise and positivity are authentic. But keep repeating the positives to let these people trust you will always point out the upside.



#### STRATEGIC THINKING

## 5. Futuristic®

#### What Is Futuristic?

People with strong Futuristic talents love to peer over the horizon. They are fascinated by the future. They anticipate and imagine in detail what tomorrow could or should be. They usually see the future positively. While the details of the picture will depend on their other strengths and interests — a better product, a better team, a better life or a better world — it will always inspire them. This vision energizes themselves and others. They can paint a picture of the future for their team members.

## Why Your Futuristic Is Unique

These Strengths Insights are personalized based on your CliftonStrengths results.

Empathy	Relator	Developer	Positivity	Futuristic	

It's very likely that you sometimes engage visionary thinkers in conversations about grand possibilities for the future. Maybe you share some of these forward-looking ideas with your classmates, coworkers, or teammates.

Instinctively, you may be skilled and/or knowledgeable about specific issues, subjects, processes, or programs. Perhaps you combine this expertise with your ability to pinpoint goals you might want to reach in the coming weeks, months, years, or decades.

By nature, you might channel some of your energy toward what you can accomplish in the coming months, years, or decades. Periodically your mind churns out new and inventive ways of reaching your desired goals. You may risk becoming bored or delivering a lackluster performance when you are forced to adhere to a predetermined process, a tried-and-tested procedure, or a traditional method. Once in a while, you hear yourself pleading, "But, if we only did it this way, it would be a bit better."

Chances are good that you enjoy brainstorming — that is, a group problem-solving technique that involves the spontaneous contribution of ideas from all participants. Because you have acquired special skills and knowledge, you can suggest a number of alternative solutions. Your expertise often serves as a springboard for your own and others' imaginations. This is the case when you are encouraged to think about the future.

Because of your strengths, you forge ahead to build the life you envision. You reach your goals by finding as many opportunities as possible to use your unique abilities and natural gifts.



2. Relator

3. Developer

4. Positivity

5. Futuristic

How Futuristic Blends With Your Other Top Five Strengths

### FUTURISTIC + EMPATHY

You envision a future that looks better. You also imagine and anticipate how the future could feel better.

#### **FUTURISTIC + RELATOR**

You often see visions in your mind of how members of your family or your closest friends can have better days in the future.

### **FUTURISTIC + DEVELOPER**

When you have a vision of others at their best, you share that vision with them, hoping it will inspire them to grow.

#### FUTURISTIC + POSITIVITY

Your vision has a better chance of becoming reality if you use your emotional energy and enthusiasm while forming it.

## Apply Your Futuristic to Succeed

#### Energize others with your visions of the future.

- Dedicate time to dream about what could be. You inspire those around you when you put your vision into words and share it.
- Be sure to ask people how they feel about your visions of the future. If they are worried or uncomfortable, make the picture as vivid as possible using hopeful, clear and detailed language.

## What's Next?

Take these steps to start unlocking your full potential using your CliftonStrengths.



## Learn to Use Your Dominant Strengths

Read about each of your top five CliftonStrengths in this report and reflect:

- What did you read that **inspires** you?
- What did you read that excites you?
- What did you read that surprises you?
- What did you read that challenges you?

<u>Click here</u> or scan the QR code to complete the following exercise for each of your top five CliftonStrengths:

#### Name It

• Pick one of your top CliftonStrengths.

• List the words or phrases you read about this strength that resonate strongly with you.

#### Claim It

• When has this strength helped you be successful in the past?

• How does this strength help you be successful in your role?

#### Aim It

• In what two ways could you start using this strength more intentionally right away?

Hint: Read the action items in this report and on your my.gallup.com dashboard for ideas.



**Click to View Activity** 



## Use Your Resources in Gallup® Access



Our dedicated platform is focused on helping you fulfill your potential using your CliftonStrengths.

## <u>Click here</u> or scan the QR code to sign in to your <u>my.gallup.com</u> account.

Inside, you'll find articles, videos, learning modules and other tools created specifically for your strengths-based development.



## Explore All 34 of Your CliftonStrengths®

Already have your CliftonStrengths 34 report? Great! Take some time to explore your full results.

If you don't have it yet, <u>click here</u> or scan the QR code to learn how your CliftonStrengths 34 report can help you:

- reveal your complete talent profile of 34 CliftonStrengths
- learn how to use your top 10 CliftonStrengths to set and achieve goals

• navigate your 11-34 CliftonStrengths, including understanding and managing weaknesses



# Apply Your CliftonStrengths<sup>®</sup> in Specific Roles

Take time to explore any role-based CliftonStrengths reports you already have.

If you don't have any, <u>click here</u> or scan the QR code to browse a range of reports tailored to specific roles and responsibilities.

We offer a suite of reports designed to help you use your CliftonStrengths to excel in various areas, whether it's in management, leadership or even as a student.



# Engage in a Conversation About Your CliftonStrengths<sup>®</sup>



Share your CliftonStrengths results with the people closest to you, including your family, friends, coworkers and teammates.

Spend time talking about your CliftonStrengths with a coach, manager, mentor or adviser — someone invested in your personal and professional development.

<u>Click here</u> or scan the QR code for helpful ways to share and discuss your CliftonStrengths with others.

#### COPYRIGHT STANDARDS

This document contains proprietary research, copyrighted and trademarked materials of Gallup, Inc. Accordingly, international and domestic laws and penalties guaranteeing patent, copyright, trademark and trade secret protection safeguard the ideas, concepts and recommendations related within this document.

The materials contained in this document and/or the document itself may be downloaded and/or copied provided that all copies retain the copyright, trademark and any other proprietary notices contained on the materials and/or document. No changes may be made to this document without the express written permission of Gallup, Inc.

Any reference whatsoever to this document, in whole or in part, on any webpage must provide a link back to the original document in its entirety. Except as expressly provided herein, the transmission of this material shall not be construed to grant a license of any type under any patents, copyright or trademarks owned or controlled by Gallup, Inc.

Gallup<sup>\*</sup>, CliftonStrengths<sup>\*</sup>, Clifton StrengthsFinder<sup>\*</sup>, StrengthsFinder<sup>\*</sup> and each of the 34 strengths theme names are trademarks of Gallup, Inc. All rights reserved. All other trademarks and copyrights are the property of their respective owners.